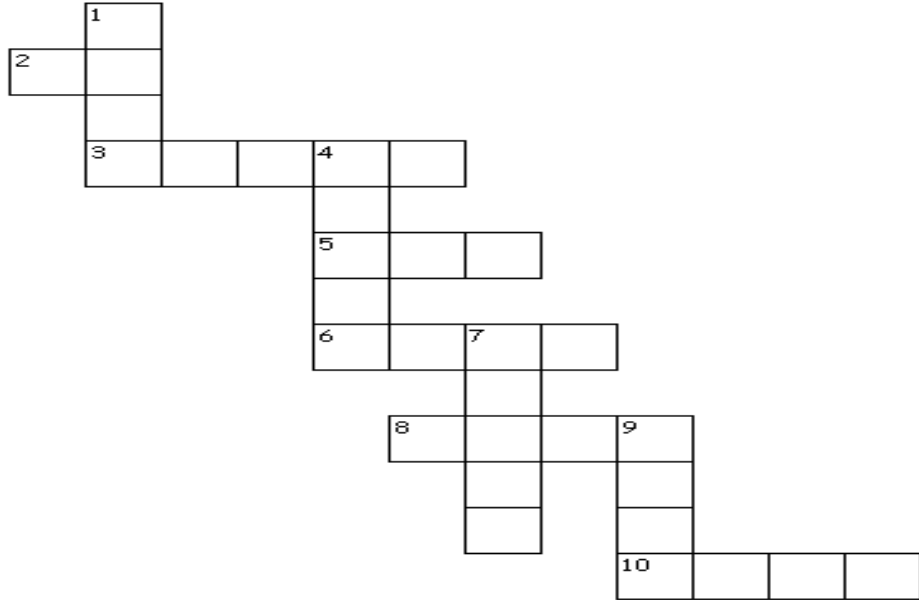


WHAT ARE SOME DUTIES AT YOUR HOUSE?



ACROSS



2. my homework



3. my teeth



5. my dinner



6. up my room



8. my pet



10. out the trash

DOWN



1. my hair



4. the floor



7. the house



9. the furniture

Rules and Rights

Household chores are not the only duties you have. We all have responsibilities/duties outside of our home as well. We have rules and rights also. Rules are a set of direct or clearly understood regulations or values in charge of the way we behave within activities or situations. Rights are legal, social, or ethical (right and wrong) principles (values) of freedom or entitlement (permission). Rights are the same thing as our freedoms. But with those freedoms comes rules, responsibility, and duty. When we obey the rules, we keep our rights. To keep your rights intact you are responsible for your actions. If you disobey rules at home there may be consequences like being punished from the TV or playing the Xbox/PlayStation; and sometimes when you obey rules there are rewards like staying up an hour later than normal or going get ice cream. Now if you ever find yourself in a situation where you feel your rights are being violated, ignored or neglected, you should always remain calm and let an adult or the proper authority know as soon as you can!

Here are some examples of rights and duties/responsibilities:

Children have the right...
to be protected from conflict, cruelty, exploitation and neglect...



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and the responsibility...
not to bully or harm each other.



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Children have the right...
to a clean environment, at home, at school or wherever they are...



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and the responsibility...
to do what they can to look after their environment.




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Children have the right...
to be educated...



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and the responsibility...
to learn as much as they can and help others to learn.




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Children have the right...
to freedom of thought and religion...



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and the responsibility...
to respect other people's thoughts and religions.



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Who I Am...?

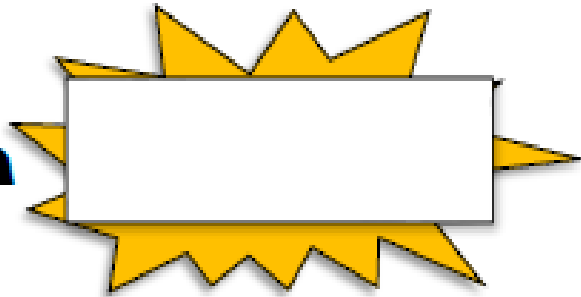
Everything we have learned so far is what makes us who we are. Family values, duties, rules, and rights give us a solid foundation to be better and stronger human beings when we grow up. They can shape our personality, our character, and our thoughts. This brings us to who you are. Who are you? Now that you have an idea of how family values and duties provide you with building blocks that shape who you are, ask yourself **Who Am I?** and complete the worksheet on the next page. There are no wrong answers. Answer with honesty and post it on your fridge in the kitchen or wall in your room to remind yourself of the person you are today and want to be in the future. Below is a list to help you in describing who you are! Have fun with it and remember: **ALWAYS STRIVE TO BE A BETTER VERSION OF YOURSELF TOMORROW THAN TODAY!**



I AM!

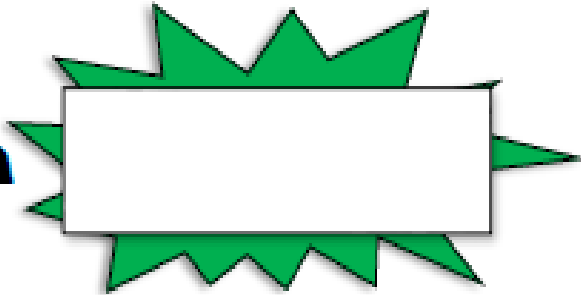
Use this worksheet to identify positive traits about yourself! Are you brave? Are you caring? Are you intelligent? Fill it in below, and then write down how you know that you have these positive qualities!

I am



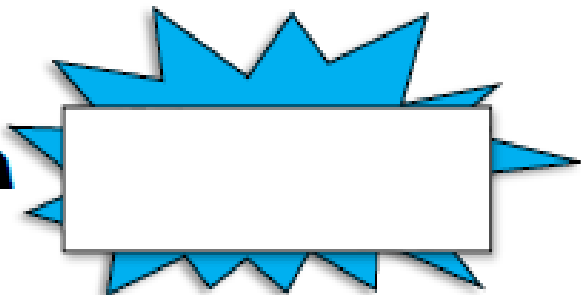
I know this because...

I am



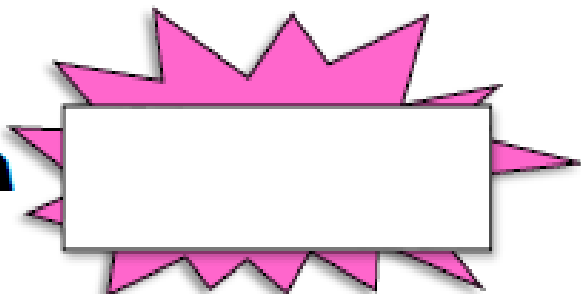
I know this because...

I am



I know this because...

I am



I know this because...
